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PUBLIC INSTRUCTION

**FISCAL YEAR 2005  
CHILD AND ADULT CARE FOOD PROGRAM  
OPERATIONAL MEMO #5**

**TO:** Child and Adult Care Food Program Institutions

**FROM:** Mary Ann Chartrand, Director  
Grants Coordination and School Support

**DATE:** January 4, 2005

**SUBJECT:** *Watch Me Grow* calendar

Enclosed is the 2005-2006 *Watch Me Grow - Healthy, Happy and Strong!* calendar, targeted specifically for families in Michigan. This informative calendar is 24 months in length - January 2005 through December 2006. *Watch Me Grow* promotes the health and well-being of families and helps families build support networks of effective programs and resources. Each month a different program is highlighted - offering both program information and telephone numbers. Activities and tips for parents are also offered throughout the calendar providing information on health, safety, nutrition, and parenting.

These calendars will be mailed to you.

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